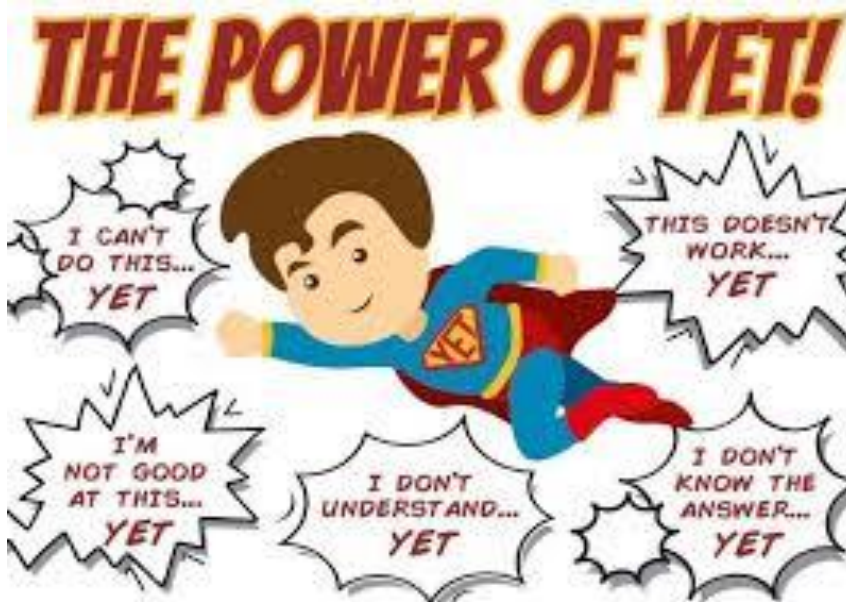
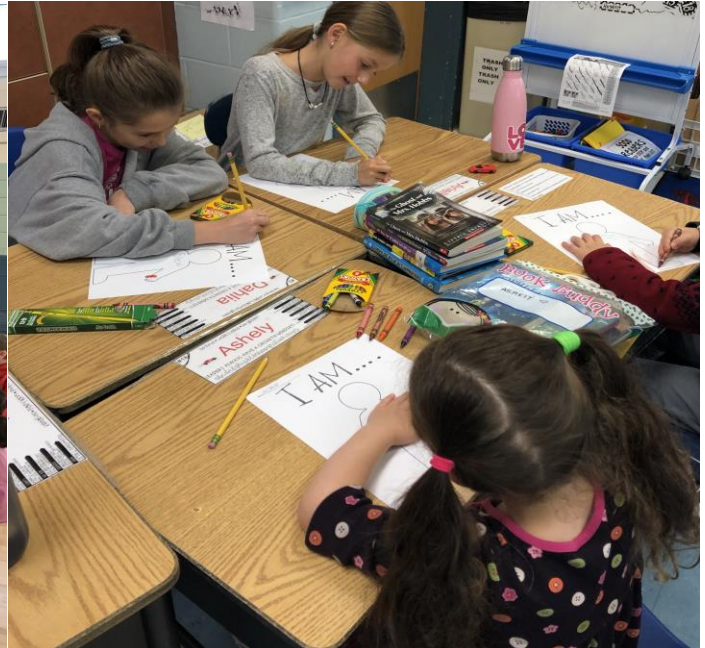


MT. PLEASANT ELEMENTARY SCHOOL NEWS

The Power of Yet



Add the word "YET" to any sentence and it becomes a growth mindset rather than a fixed mindset! Try It!!!!



MPE HAPPENINGS...

Community Meetings

Throughout the school year MPE students will participate in "Community Meetings". Community groups are comprised of students in grades K-5 and a teacher. Students meet to address topics related to New Jersey's social and emotional learning competencies; self-awareness, self-management, social awareness, responsible decision-making, and relationship skills. Relevant books are read, skills are practiced, discussions take place, and activities are completed to reinforce these topics. Students truly look forward to their time spent in community meetings and it is amazing to watch our older students take on a leadership role with our younger students! Lesson topics and follow-up questions will be included in our newsletters throughout the school year!

MPE students participated in their first Community Meeting during the month of October! Students read the book *I am Human: A Book of Empathy* by Susan Verde. This book helped students feel more connected to one another by describing the similarities we all have. For example, we are all learning, have feelings, make mistakes, enjoy when others are kind, find joy in friendships, and want forgiveness. Students then brainstormed what characteristics they have that makes them human. Students described themselves as, "Helpful, Friendly, Determined, Confident, Athletic, Kind, Thoughtful, Brave, etc." We encourage you to discuss this topic with your children at home.

Follow-up questions:

How do you feel when others are kind to you? Can you give an example of a time you showed kindness to others?

What characteristics describe you?

Walk-A-Thon

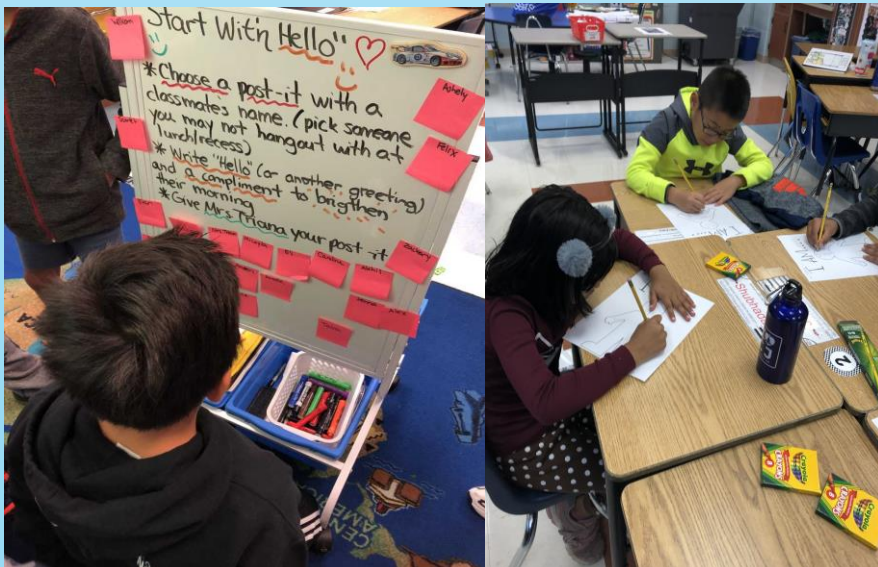
The student council is excited to be helping to organize MPE's Walk-A-Thon! The Walk-A-Thon will take place on October 11! Please make sure your child is dressed appropriately for the outside and is wearing sneakers! Also, MPE is participating in Stuff the Bus again this year! We are hoping to have another great turnout to help C.H.O.W (Community Hunger Outreach Warehouse).

Mark your Calendars for School Pictures

School pictures will be taken on October 17th for grades K-2 and October 18th for grades 3-5. Your child will receive the packet next week, please look for it as it contains important information. (See flyer that was emailed separately.)

Stuff the Bus

Stuff the Bus is stopping by MPE on Wednesday, October 23rd. Please send in healthy non-perishables such as oatmeal, shampoo, conditioner, peanut butter, canned tuna/chicken, rice, beans, canned fruit, mac and cheese, etc. (See flyer that was emailed separately.)



UPCOMING EVENTS

10/8 - Week of Respect Begins

10/9 - Schools closed for Yom Kippur

10/11 - Walk-a-thon

10/17 - Fall Picture Day for grades K-2.

10/18 - Fall Picture Day for grades 3-5

10/23 - Stuff the Bus stopping at MPE

10/25 - Pajama Day

Halloween Boutique

10/31 - Halloween Parade - 1:30 p.m.

At their recent Used Clothing Drive, MPE collected 1,986 pounds of used clothing, linens and toys that were donated to help people in need while also raising money for the 5th Grade Committee



Playground should be opening this week! A special thank you to everyone involved in the project.



